

SAP Resource List

Some phone numbers that may be helpful for parents who want services not provided by the school: (also feel free to refer them to guidance or the nurse).

**** Valley Youth House**

A SAP mental health consultant from Valley Youth House comes to the high school to see students. Referral forms to speak with her are available in Guidance Office.

**** Recovery Revolution**

(610) 559-7700

Recovery Revolution offers steps for healthy living through drug and alcohol assessments. Assessment referral forms are available in the Guidance Office.

109 Broadway
Bangor, PA 18013

www.recoveryrevolution.org

**** Adolescent Central Intake Unit**

Drug/alcohol assessments

(610) 923-0394

**** LINCS**

(484) 373-6200

Offers assistance with making appointments, accessing supports and services, navigating insurance issues, emergency and crisis planning, mentoring, support groups, counseling, completing forms, adult literacy, computer literacy, homework help, etc...

**** Kidspace – outpatient mental health clinic**

(888) 574-3577

Kidspace now offers free mental health screenings Monday-Friday 9-5. They serve children, teens and young adults ages 3-25.

Kidspace Family Center Outpatient
1650 Broadway
Bethlehem PA 18015

(610) 360-8461

Other numbers:

Northampton County Crisis (suicide)	(610) 252-9060
Childline (report child abuse)	(800) 932-0313
Valley Youth House (runaway)	(610) 691-1200
VYH Family Program – Mike Ramsay	(610) 954-9561 x318
Northampton County Children and Youth	(610) 559-3290
Northampton County Mental Health	(610) 559-3270
Birth Control/Pregnancy	(610) 253-7195
Eating Disorders	(610) 435-2736

*Parents can also contact their health insurance (there is usually a phone number on the back of their card) to see which specific counselors/psychologists/psychiatrists/programs in the area are covered by their insurance and the number of sessions covered. In an extreme emergency (suicidal), contact Northampton County Crisis (listed above), 911, or bring their child to a hospital emergency room for an evaluation.